

NEWSLETTER

J Watumull **GLOBAL HOSPITAL** & Research Centre

LAUNCH: A new health initiative for the community



Salunkhe Gaurav Ravindra, IAS, SDO & SDM, Mt Abu, flagged off the health services to Adivasis (tribals) in Sirohi, in the presence of managing trustee Dr Partap Midha, addl. secretary-general of the Brahma Kumaris BK Brij Mohan, PRO of the Brahma Kumaris BK Karuna, CSR head at Siemens Healthineers Shwetajali Kumari and others.

Access to Primary Health Care, a new community primary health project by Siemens Healthineers India (CSR initiative), and the Global Hospital & Research Centre trust, was launched on November 20, 2024.

Alongside provisioning health services to a population of about 50,000 in 38 villages, Access to Primary Health Care will cover screening for common cancers and chronic diseases, and the identification and treatment of patients with cataract and tuberculosis in Sirohi district (Rajasthan). Building general health awareness to promote healthy practices in a culturally appropriate manner is another priority. Access to Primary Health Care Project is a step towards Universal Health Coverage as defined by the World Health Organization.

Our larger goal is to reduce the life years lost to disability and create a productive, healthy community.

Dr Partap Midha,
Managing Trustee,
Global Hospital & Research Centre

Our CSR initiative in Sirohi is committed to improving access to healthcare by bridging healthcare disparities in marginalized communities. By providing essential primary and preventive healthcare services to tribal populations, we strive to significantly improve their well-being and quality of life.

Hariharan Subramanian,
Managing Director,
Siemens Healthcare Pvt. Ltd.

Specialist's consultations



▲ Dermatologist Dr Sunil Mishra sees a patient

Dr Vinod K Abhichandani, endocrinologist & diabetologist from Ahmedabad, saw 24 patients.

Nephrologist Dr Anand Narayan Malu from Gulbarga was consulted by six patients in October.

Dr Ashish Kumar Agarwal, assistant professor, Cardiology, JLN Medical College, Ajmer, saw 32 patients.

Plastic surgeon and varicose vein specialist from Lucknow Dr Anupam Sharan saw 24 patients.

Dermatologist Dr Sunil Mishra from Mumbai was consulted by 135 patients in October. Another dermatologist Dr Harshvardhan Singh from Sheoganj was consulted by 41 patients in December. Dr Mankul Goyal, dermatologist from Delhi, saw 36 patients in December.

Conference participation

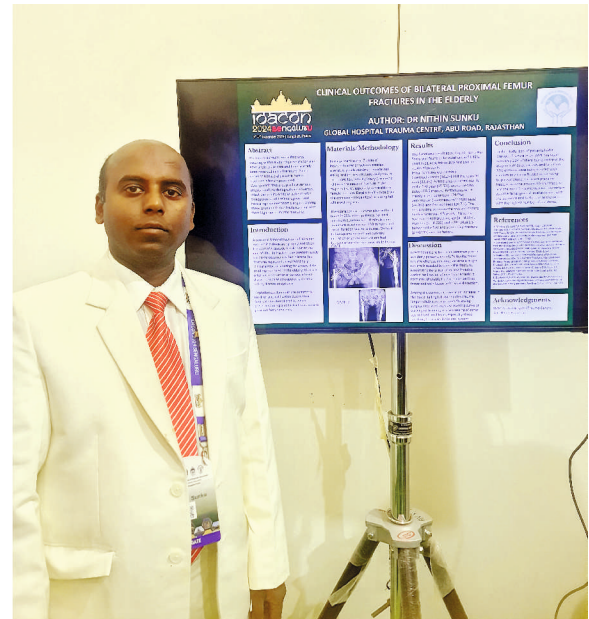
Paediatrician Dr Pankaj Gupta attended the 50th annual state conference of the Academy of Paediatrics, Gujarat, at Abu Road, from December 20 to 22.

Consultant orthopaedic surgeon Dr Nithin Sunku participated in the 69th annual conference of the Indian Orthopaedic Association at Bengaluru, from December 2 to 11.



Radiologist for the Breast Cancer Detection Project Dr Roja Tumma attended the 11th annual conference of the Breast Imaging Society of India at the All India Institute of Medical Sciences, Rishikesh, from November 15 to 17.

◀ Radiologist for the Breast Cancer Detection Project Dr Roja Tumma attended BISICON 2024



▲ Consultant orthopaedic surgeon Dr Nithin Sunku made a scientific presentation: Clinical outcomes of bilateral proximal femur fractures in the elderly

Blood banking update



About half of the 1700 donors at the Rotary International Global Hospital Blood Bank over the quarter walked into nine blood donation programmes.

The largest drive yielded 304 units, this was sponsored by the local member of legislative assembly (MLA) Samaram Garasiya on his birthday.

Another initiative by Ashok Garasiya of the Youth Congress yielded 108 units.

The bank prepared 3,532 units of blood and blood components, and issued 3,721 units to 1,166 patients, 17% within the hospital, and 17% for no charges.

◀ Managing trustee Dr Partap Midha presents MLA Pindwada Samara Garasiya with a memento as Suresh Kothari, (then) president of Bharatiya Janata Party, Sirohi, looks on

Screening for spine surgery

On December 24, consultant orthopaedics & joint replacement surgeon Dr Nithin Sunku conducted three screening events to identify beneficiaries for a spine surgery programme scheduled for January 2025. Dr Sunku screened 70 patients in Morthala village, 20 patients in Swaroopganj, and 28 patients in Maval.

▶ Dr Nithin Sunku screened many villagers to identify those who could benefit from spine surgery



Student health checks and awareness building



Dr Kanishtha Agarwal examined 68 pupils of government schools

Thirty seven students of the Nichli Fali, Uplagadh primary school and 31 students of the Ghata Fali, Uplagadh primary school underwent health checks on October 21 and 22. After height, weight, and body mass index checks, visiting paediatrician Dr Kanishtha Agarwal examined each student for signs of malnutrition, weakness, physical abnormalities and skin diseases. Most of the children were underweight and stunted, and had multiple nutritional deficiencies including anaemia. Those suffering from cough and cold and other acute conditions were given medicine and multivitamin tablets.

Dr Agarwal addressed the students on the role of nutrition as well as personal hygiene in boosting immunity as well as preventing infections. She encouraged the students to take a pledge to bathe every morning, and adopt healthy hand washing and dental hygiene practices.

Dr Agarwal was assisted by nursing students Dinesh and Kuldeep, and the field workers Yogaram and Saburaram.

Provisioning speciality services



Thirty three patients consulted Dr Vaibhav Vishal (*see box*), urologist, uro-oncologist & renal transplant surgeon, in the Shree Vinayak Hospital, Sirohi and in the Sanjay Medical Store, Swaroop Ganj, in October.

Dr Piyushi Sharma, consultant gynaecologist & infertility specialist, saw 26 patients in the Ultratech Cement premises in Pindwada.

In November, consultant general & laparoscopic surgeon Dr Kamal Joshi saw 25 patients in the Health Care Hospital in Jalore.

Visiting physician Dr Sridivya Jaini saw 15 patients at the Rajkunwar Prakashchand Physiotherapy Centre, Sirohi, in November.

Dr Kailash Kadel, consultant orthopaedics & joint replacement surgeon, saw 72 patients at the Rajkunwar Prakashchand Physiotherapy Centre, Sirohi, 60 patients at the government hospital in Gogunda, 138 patients in a guesthouse in Kalindri, and 61 patients at the Brahma Kumaris centre in Jalore.

Treating paediatric cataract

Shivam Meghwal, age 7, a resident of Kagmala, Raniwara, in district Jalore, is grateful to his school teachers who alerted his family about his inability to read the blackboard in class. Shivam's elder sister had suffered in a similar way a few years ago, for which she had undergone successful surgery at the Global Hospital Institute of Ophthalmology (GHIO).

Bagdaram, Shivam's father, brought Shivam to GHIO, where he was found to have lameller cataract in both eyes.

Lameller cataract is a kind of cataract that can affect children as well as adults. It affects the lens of the eye, causing the formation of opaque areas, which, in turn, impair sight.

Both of Shivam's eyes were successfully operated on under the aegis of a paediatric eye care surgery programme being sponsored by the Jiv Daya Foundation.

Shivam's vision improved from only being able to count fingers from a distance of three metres to 6/9 and 6/12 (in his left and right eye respectively) the day after his operation.



Shivam Meghwal, close-up of his eye and after his operation ◀

Eliminating cataract blindness



Sumersingh Ravnarajput, a 38-year-old male resident of Sheoganj, was successfully operated on for cataract in his right eye.

Sumersingh was born with disfigured legs and arms, which have made him dependent all his life.

A few years ago he had undergone surgery at the Global Hospital Institute of Ophthalmology for cataract in his left eye. When his right eye clouded up, he stepped in once again for eye care.

Consultant ophthalmologist Dr Sneha Khare and her team successfully restored his vision while the Seva Foundation covered the cost of the operation.

The Seva Foundation is funding free and subsidised cataract operations on poor people at the Global Hospital Institute of Ophthalmology from January 1, 2024, through to June 30, 2026.

▶ *Sumersingh Ravnarajput was grateful to have his sight restored*

Nursing update

World Mental Health Day

Saroj Lalji Mehrotra Global Nursing College students presented a skit and posters on October 10 at the Community Health Centre in Abu Road. Thereafter, its medical superintendent Dr PN Gupta, addressed the gathering.

Nutritional Week



Students present their dietary preparations!

On November 14, nursing college students prepared therapeutic diets for pregnant women, renal patients, diabetics, hypertensive patients and toddlers. Dr Supriya from the Government College of Nursing, Kerala, and Shruti, a dietician, evaluated their work.

World Diabetes Day

Nursing college students presented a skit on World Diabetes Day, which falls on November 14 every year (but was celebrated a day earlier). Physician & intensivist Dr B Ramya organised this awareness event.

Shiv Kumar Singh, DIG, Central Reserve Police Force, Mt Abu, attended as chief guest. Some students also participated in a poster competition.

Seminar on soft skills

Global Hospital School of Nursing and the nursing college organised a seminar on soft skills

for professional development in collaboration with the Institution Innovation Council on November 16. The 198 attendees also included students from Shri USB Nursing College and RC Memorial Nursing College.

Newborn Care Week

On November 30, nursing college students addressed postnatal women in the postpartum ward at the Community Health Centre in Abu Road.

Paediatrician Dr Bharat Meghwal and medical superintendent Dr PN Gupta were in attendance.

World AIDS Day

Students of the nursing college performed a play and took out a rally in village Bhaisasingh on December 3. J Watumull Global Hospital & Research Centre, Mt Abu, and NewSpace India Limited organised this awareness-building event.

World Meditation Day

In honour of December 21 being declared World Meditation Day by the United Nations General Assembly, the nursing college and nursing school organised a meditation session.

Creating health awareness

Nursing college students interacted with 104 women in Siawa to create awareness of cervical cancer and breast cancer. Gynaecologist Dr Piyushi Sharma and the village heads were present for this effort by Siemens Healthineers and Global Hospital & Research Centre.

Staff development

Associate professor Sudhanjali Behera attended the 5th National Conference of the Society of Public Health Education, Research & Empowerment organised by the Faculty of Nursing at SGT University on December 13-14.

Professor Dr Supriya from the Government College of Nursing, Kerala, conducted a faculty class on research methodology on November 13.