Volume 156 April - June 2024

NEWSLETTER

J Watumull GLOBAL HOSPITAL & Research Centre

Our highest value Corporate Social Responsibility project to date

The most expensive item being sponsored is successfully installed, this advanced microscope for head & neck, oncology, ENT, plastic and neuro-surgeries cost Rs 1.16 crore



Oil and Natural Gas Corporation Limited is sponsoring the acquisition of 34 medical equipment costing Rs 7.38 crore under a Corporate Social Responsibility project: Financial Assistance towards providing equipment to upgrade the facilities at multiple units of the Global Hospital & Research Centre at Mt Abu and Abu Road, Sirohi District, Rajasthan. Some of the new equipment, such as thulium fibre laser, bladder scanners and nerve monitor, will be used at the hospital for the first time while other equipment such as dialysis machines, operating microscopes and a C-Arm will upgrade the existing equipment.



I would like to congratulate the hospital management team and employees of this hospital.

> Prem Singh Tamang (PS Golay) Chief Minister Sikkim



The cleanliness and positivity is amazing. I wish and pray that all hospitals should be like this. The staff is most kind and affectionate. I wish all the best to the entire fraternity.

Lt Gen V G Khandare Principal Adviser Ministry of Defence

Specialist's consultations



Dr Vinod Abichandani, endocrinologist and diabetologist Ahmedabad, sees a patient in Sirohi



Dr Swapan Gupta, associate professor, Department of Neurology, GB Pant Institute of Postgraduate Medical Education & Research, New Delhi, was consulted by 89 patients in April.

In April, physician Dr B Ramya conducted a diabetes screening programme for the hospital employees, which attracted 35.

Dr Vinod K Abichandani, an endocrinologist & diabetologist from Ahmedabad, saw 200 patients across April-May. Some of these patients consulted him in the Rajkunwar Prakashchand Physiotherapy Centre, Sirohi.

Dermatologist Dr Anuja Shirke from Mumbai was consulted by 90 patients in April. Dr Pawan Singhal, cardiologist, and Dr SR Chaudhary, neurosurgeon, GBH American Hospital, Udaipur, offered their expert advice to patients in April.

Dermatologist Dr Sunil Mishra from Mumbai saw 52 patients in May.

Fourteen patients consulted Dr Ashish Kumar Agarwal, assistant professor, JLN Medical College, Ajmer, in May.

Dr Elliott Swepson, a chiropractor from Top Chiropractic, UK, and his assistant Vidhee Jagatia, served 450 patients in May.

A few patients consulted nephrologist Dr Anand Narayan Malu from Gulbarga in May. Dr Shekhar Bhojraj consults at Lilavati Hospital and Research Centre, Mumbai



Coming up: Spine surgery

An agreement with The Spine Foundation, a charity providing free spine surgery to less affording patients, would see its founder Dr Shekhar Bhojraj and other specialists visit the Radha Mohan Mehrotra Global Hospital Trauma Centre to operate on patients for no charges. The Spine Foundation's team has operated on 1800 patients so far, and offered free consultation to more than 60,000 patients. Dr Bhojraj is keen to open a Rural Spine Care Centre within the hospital, on the same lines as 13 other such rural units he serves.

CME on cancer awareness

In a seminar on April 22, Dr Manan Sarupia, a radiation oncology consultant at the **GBH Memorial Cancer** Hospital, Udaipur, said that 7 in 10 patients with mouth and oral cancer approach a doctor only in an advanced stage when the chances of a recovery are low. He stressed the need to create awareness about the symptoms of these cancers that have become common among men in India because of tobacco addiction.

Conference/workshop/training updates



Dr Vishal Bhatnagar, medical superintendent, and Dinesh Singh, eyecare manager, Global Hospital Institute of Ophthalmology attended a partners meeting organised by the Seva Foundation at LV Prasad Eye Institute at Bhubaneswar from April 11 to 13.

Dental surgeon Dr NS Girish Kumar attended training in the use of 3shape's TRIOS intraoral scanner and digital workflows on April 19.

Urologist, uro-oncologist and renal transplant surgeon Dr Vaibhav Vishal attended a live operative workshop on advances in endourology and complex reconstructive procedures, at the Urology Clinics of North India, Ram Manohar Lohia Hospital, Delhi, on April 27.

Dr Saurabhi Singh, consultant obstetrician & gynaecologist participated in a workshop and training in cosmetic gynaecology, organised by the Academy of Minimally Invasive Laser Surgery at Mumbai, on May 11-12.

Consultant general & laparoscopic surgeon Dr Kamal Joshi attended endoscopy training under Dr Ajay Kumar, chairman, Pan Max Gastroenterology & Hepatology, Delhi, from May 27 to 31.

Outreach event diary



Orthopaedic consultation and joint screening programmes by Dr Kailash Kadel, consultant

Consultant general & laparoscopic surgeon
Dr Kamal Joshi sees a patient

orthopaedics & joint replacement surgeon, in the Rajkunwar Prakashchand Physiotherapy Centre, Sirohi, attracted 91 patients in April and May.

Urologist, uro-oncologist and renal transplant surgeon Dr Vaibhav Vishal saw 37 patients in the Shree Vinayak Hospital, Sirohi, and in Sanjay Medical Store, Swaroopganj, over April and May.

Consultant, gynaecologist and infertility specialist Dr Piyushi Sharma delivered a talk at the Occupational Health & Wellness Centre in Ultratech Cement, Pindwada. Fifty five women attended this event in April. In May, Dr Sharma started a monthly practice at the same venue. Ten women consulted her.

Consultant general & laparoscopic surgeon Dr Kamal Joshi served 47 patients at the Shri Adinath Fateh Global Eye Hospital, Jalore, and in Shree Vinayak Hospital, Sirohi, in April and May.

Update from Jalore



Six screening programmes in Jalore attracted 502 people, 268 women and 234 men, of whom 47 were found to have cataract and 32 were advised to undergo surgery at the Shri Adinath Global Eye Hospital. Thirty one patients were actually operated on.

Eye screening in progress in district

Jugatiram Maharaj regained his vision after cataract surgery at the the Global Hospital Institute of Ophthalmology



A case report

Jugatiram Maharaj is a 68-year-old follower of the Kabir sect. He has lived in a Kabir ashram almost all of his life. He presently lives in Jodhpur.

When Jugatiram found it increasingly difficult to see, an acquaintance suggested that he visit the Global Hospital Institute of Ophthalmology for an eye check. During the course of the investigation he learned that he had developed cataracts in his eyes, and also, he had diabetes. Nevertheless, the doctors prescribed medication to control his high sugar and operated on one of his eyes.

Jugatiram felt happy to have his vision restored and opted to have his second eye operated on just a fortnight after the first.

The sponsor of a blood donation drive in Mt Abu Manibhai Joshi and his wife present a gift to a



Felicitating blood donors

The Rotary International Global Hospital Blood Bank celebrated World Blood Donors Day with a special programme to felicitate blood donors, including 40 couples who had donated blood during the last year when the staff had promoted the idea of having a blood donor in every home.

Governor elect of the Rotary International 3055 Mohan Parashar, deputy inspector general of the Central Reserve Police Force DS Rathore and the chief medical and health officer of Sirohi district Dr Rajesh Kumar graced the event, held in the Manmohinivan complex of the Brahma Kumaris.

Also in attendance were representatives of social organisations--president of the Lions Club Aravali Amit Jain,

Lion Avinash Sharma, Rotarian Shyam Kumar, Rotarian Rajendra Bakliwal, Sadar Salim Pathan of the Muslim Wakf Committee, the Rajasthan Blood Donation Service Organisation's district president Manish Agrawal, Nitish Agrawal from the Hirabai Chaitable Trust and past chairman of the Mt Abu municipality Suresh Thinger.

Over April and May, the Rotary International Global Hospital Blood Bank collected 675 units internally and 497 units at three blood donation programmes. Against this, 657 patients were served. Three in ten of the 1263 blood and blood components units issued were given for free. The Thalassemia Day Care Centre attached to the blood bank consumed 12% units, the Radha Mohan Mehrotra Global Hospital Trauma Centre consumed 11% and the remaining units were consumed externally.

Nursing update



World Health Day

The second year students of the Saroj Lalji Mehrotra Global Nursing College commemorated World Health Day, which falls on April 7 annually, with a performance to increase awareness in the community of village Vasa Rodida, Sirohi. The play aimed at bringing out this year's theme My Health My Rights, essentially, the fact that everyone has the right to good health care and to be healthy.

International Nurses Day

The lamp lighting and oath taking ceremony of the new entrants to the Global Hospital School of Nursing and Saroj Lalji Mehrotra Global Nursing College was held on International Nurses Day, May 12. The occasion was graced by Dr Suresh Sharma, principal, nursing college, AIIMS, Jodhpur; BK Sudesh, joint chief, Brahma Kumaris; and Dr Partap Midha, medical director, J Watumull Global Hospital & Research Centre, Mt Abu.

After some entertaining student performances, the chief guest Dr Sharma delivered an inspirational talk. He congratulated the students on their choice of profession, and told them that their future is bright because their employment is guaranteed. He advised students to adopt values—compassion, commitment and courage—to face challenges in their career.

Some attending senior nurses were given gifts for their selfless services.

Dr Suresh Sharma, principal, nursing college, AIIMS, Jodhpur presents an award to a student





World No Tobacco Day

On May 31, the Saroj Lalji Mehrotra Global Nursing College in collaboration with J Watumull Global Hospital & Research Centre and NewSpace India Limited, celebrated World No Tobacco Day in village Vatera.

A skit and poster presentation by the students highlighted the theme Protecting children from tobacco industry interference. They covered the symptoms of tobacco abuse, the myths surrounding tobacco, diseases caused by the habitual consumption of tobacco, the prevention of addictions and deaddiction.

In the evening, the sub-divisional magistrate of Mt Abu Gourav Ravindra flagged off a rally that saw more than 200 volunteers march through the main market to create tobacco abuse awareness.