

# Newsletter

- January to March 2024
- Volume 155



The customary breaking of a coconut at the ceremony



Donor AM Naik on screen facing the team on site

## Inaugurating solar energy and information solution

Trustee of the Lajji Mehrotra Foundation Rahul Tandon inaugurated a 150 kWp grid

interactive solar power plant at the Radha Mohan Mehrotra Global Hospital Trauma Centre on February 23. Subsequently, the hospital's new information management system was formally inaugurated by Bijal Rele, director, Finance & Admin at the Sar-La Education Trust.



## Nirali: Caring for more patients

On January 22, the third floor of the Radha Mohan Mehrotra Global Hospital Trauma Centre, called Nirali, housing operation theatres and wards, central sterile supply department and meeting room, was inaugurated remotely by the donor A M Naik, chairman emeritus, Larsen & Toubro.

Harish Choudhary, general secretary, Rajasthan Pradesh Congress; BK Karuna, director, PR & Communication, Brahma Kumaris; and Dr Partap Midha, trustee, Global Hospital & Research Centre were also present.



Dr Ashish Kumar Agarwal, assistant professor, JLN Medical College, Ajmer, saw 28 patients in January and February.

Dr Swapan Gupta, associate professor, Department of Neurology, GB Pant Institute of Postgraduate Medical Education & Research, New Delhi, offered consultations in January.

Neurologist Dr Kiran Bala from Delhi saw 18 patients in May.

Dr Vinod K Abhichandani, an endocrinologist & diabetologist from Ahmedabad, saw 32 patients over the quarter.

Dermatologist Dr Sunil Mishra was consulted by 70 patients in January.

Dermatologist Dr Kanak Shrivastava attended 44 walk-ins at an awareness programme for people covered by the Employees State Insurance Corporation.

## Asset upgrades

### Information technology upgrade

A new software solution was implemented at J Watumull Global Hospital & Research Centre in March. With this, all the three units at Abu Road and Mt Abu have been brought on the same page, and are running the same management information solution. Gratitude to the Radha Mohan Mehrotra Medical Relief Trust for sponsoring this deployment.

### Eye equipment



Beneficiaries of the latest eye equipment

Gratitude to a Malaysian family for contributing towards the upgrade of equipment at the Global Hospital Institute of Ophthalmology. During the quarter, orders were placed for a lensmeter, an auto refractometer, a refraction machine, a digital visual acuity chart and a tonometer.

A fundus camera was procured for the Vision Centre in Sayla, thanks to sponsorship from the Seva Foundation.

### Conference/workshop/training participation

Sr consultant ophthalmologist Dr Sudhir Singh attended the 82nd annual conference of the All India Ophthalmological Society at Kolkata from March 14 to 17.

Trainer Shrinidhi K conducted an orientation programme for incoming hospital employees on March 16.



## Bone checks

A bone mineral density screening programme at the Radha Mohan Mehrotra Global Hospital Trauma Centre on February 1 attracted 62 patients.

## Blood donation drives

The Rotary International Global Hospital Blood Bank collected 780 units internally and 890 units at five blood donation programmes, from 1670 donors. Against this, 655 patients were served. One in four of the 1570 blood and blood components units issued was given for free. The Thalassaemia Day Care Centre attached to the blood bank consumed 14% units, the Radha Mohan Mehrotra Global Hospital Trauma Centre consumed 9% and the remaining units were consumed externally.



## Sponsorship of Community Service Project

NewSpace India Limited has committed to sponsor the provisioning of health consultations to 50,000 socio-economically deprived village people through a mobile clinic. The project timeline is 18 months starting from April 1. Identifying tuberculosis patients and hand-holding them through the treatment regimen is also a part of this project. Medicine for these patients will be sourced from the government. Eye screening will be organised to identify people in need of cataract surgery. Such patients will be operated on free of charge to ensure that their ability to earn a livelihood and quality of life aren't compromised. Also, effort will be made to increase the community's awareness of communicable and non-communicable diseases and health-promoting lifestyles.



## Outreach event diary

### Radha Mohan Mehrotra Global Hospital Trauma Centre

Consultant orthopaedic & joint replacement surgeon Dr Nithin Sunku saw more than 60 patients in village Amthala on February 8.

In February, two cardiopulmonary resuscitation training events were conducted at Modern Insulators (for 110 workers) and in the premises of Jan Chetna, a not for profit (for 55 women).

Students of Adarsh College and HG International School availed dental checks on January 18 and January 27 respectively.

Hundreds of employees of Modern Insulators and the Railways took benefit from general health screening on January 28 and March 23 respectively.



Consultant orthopaedic & joint replacement surgeon Dr Nithin Sunku sees a patient

### J Watumull Global Hospital & Research Centre

Gratitude to Jaswant Singh of village Ker and the Devasi Samaj of Badgaon for sponsoring cataract screening programmes in Ker and Badgaon respectively. Consultant ophthalmologist Dr Sudhir Singh conducted these events in January, which drew 188 patients.

Subsequently, Dr Singh saw 52 patients over three screening events in Nichalagarh. In all, 37 patients were admitted for free cataract operations.

Dr Sharad Mehta saw 32 patients at an oral cancer screening event in Pindwara in February.

Dr Kailash Kadel, consultant orthopaedics & joint replacement surgeon, and consultant general & laparoscopic surgeon Dr Jayanta Bhowmick saw

40 patients at a consultation event at Pooja Hospital, Raniwada, in January.

Forty three patients consulted urologist, uro-oncologist and renal transplant surgeon Dr Vaibhav Vishal in Sirohi and Swaroopganj.

Resident medical officer Dr Pooja Vasoya and consultant, gynaecologist and infertility specialist

Dr Piyushi Sharma delivered talks on the Madhuban Radio 90.4 FM in March. Dr Sharma and medical officer Dr Dhnyaneshwar Game delivered awareness talks at the Indian Oil Corporation Limited office at Abu Road.

Dr Kanishta Agarwal, a paediatrician from USA, conducted health checks for more

than 600 students of schools in Mt Abu in February and March.



Students of Abu Road availed dental checks

## Celebrating World Glaucoma Week

World Glaucoma Week is celebrated annually from March 10 to 16. This year, staff of the Global Hospital Institute of Ophthalmology in partnership with the Inner Wheel of Mt Abu took out a rally in the city to create awareness about the disease. Participants walked from Hotel Hillock to Nakki Lake. Other events included daily talk shows on Radio Madhuban, public gatherings where patients shared their experience and a quiz. Glaucoma screening programmes in villages Undra, Mortha, Umarni and Khambal attracted 458 people.



Inner Wheel member Geeta Agarwal walked with staff

## Cataract screening programmes in Jalore



Patients ready to go home after being operated on, consultant ophthalmologist and the unit head Dr Amit Mohan is seen at the centre

Fifteen eye screening events in Jalore and one in the neighbouring district Barmer attracted 2871 people for checks; 836 had their vision tested, 423 were dispensed glasses and 424 were found to have cataract. Of these walk-ins, 1060 were male and 1811 were female. Eventually, 330 patients underwent cataract surgery for no charges.

### A case: restoration of vision

Ganesharam, age 65, a farmer living in village Tura, Sayla, has vision only in his right eye. When he started to have difficulty seeing, he approached the Global Hospital & Research Centre's Vision Centre in Sayla. The optometrist found he had cataract, and referred him to the Shri Adinath Fateh Global Eye Hospital for an operation. Ganesharam was hesitant to undergo surgery but the staff set him at ease and explained the procedure. Dr Mohan operated on him. Ganesharam was very happy to get back his vision.



◀ Ganesharam before surgery

## Nursing education

**Motivational lecture:** Mental health counsellor and emotional intelligence expert BK Hitesh addressed the students on digital detoxification on January 2.

**Celebrating World Cancer Day:** The second year students of the graduate nursing programme addressed patients in the primary health centre in Rohida, with the aim of bringing out the theme: Close the Care Gap. They also organised a rally through the streets of Rohida, and carried banners and placards bearing messages of hope, solidarity and the urgency to address the care gap in cancer management



R S Rajput, chairman, Rajasthan Karate Referee Council Association, and director, Gurukul Karate Academy, Sirohi, distributed prizes to the winning students at the annual sports meet

**Annual sports meet:** The annual sports meet was held from February 13 to 17. Pandiamani Sivam, director, Value Education Programmes, Rajyoga Education & Research Foundation, and Rashmikant Acharya, trustee, Global Hospital & Research Centre performed the inaugural ceremony. The outdoor events included cricket, volleyball, badminton, athletics, long jump, high jump, shot put and javelin. The indoor events included carom and chess.



The students of the Global Hospital School of Nursing visited the Banas Dairy in Palanpur in February.

**Celebrating Women's Day:** Representatives of the Student Nurses Association organised a poster competition to celebrate International Women's Day. The entries were inspired by this year's theme: Invest in women, accelerate progress. Dr Savita, coordinator, Women's Wing, Rajyoga Education & Research Foundation, delivered a talk on women empowerment and awarded the best posters.

**Creating TB awareness:** Yes! We can end TB! the theme of World TB Day 2024 inspired the Department of Community Health Nursing to organise an awareness programme for the pupils of the Government Higher Secondary School in village Tartoli. The graduate nursing students explained the symptoms of tuberculosis, its prevention, treatment, transmission mode, and a nurse's role in reducing the disease.